



## ETHNO MEDICINALLY IMPORTANT PLANTS OF BIJNOR DISTRICT (U.P.), INDIA

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### Abstract-

The present study was conducted in the Bijnor region of Uttar Pradesh, India to the documentation and conservation of ethno medicinal plants. This data was collected through a series of interview of regional people and with the help of botanist. A total of 140 species belonging to 119 genera and 54 families was recorded. Plant species commonly used by local people for food, fodder, medicine and in other fields of their lives were enumerated. A list of plant species along with their local names, plant parts used and mode of application was documented. Ethno medicinally important families were Fabaceae with 14 species followed by, Malvaceae & Moraceae-9, Euphorbiaceae-8, Apocynaceae & Solanaceae- 6 species etc. These plant species are utilized by local people against various ailments such as asthma, Allergic condition, antidote for poisonous insects, bronchitis, cough and cold, cuts, diarrhoea, eye disorders, Hepatic disorders, jaundice, joints pain, Malarial fever, Pruritus, stomach disorders, urinary troubles etc.

**Keywords-** Ethnomedicinal survey, Ayurveda, Bijnor, indigenous knowledge, herbs and medicine.

### Introduction-

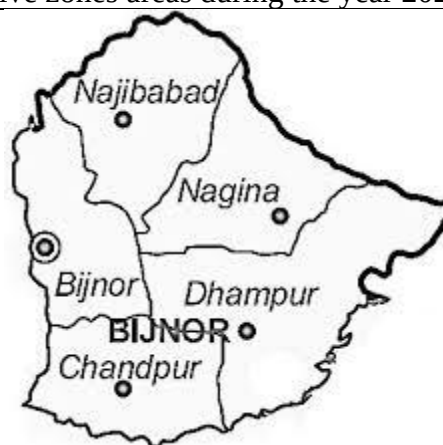
The knowledge of therapeutic plants has been accumulated over many years and recorded in various medical systems. Humans have utilized numerous plant species for a variety of purposes, including food, clothing, shelter, medicine, fibres, gum, resin, oil, and so on. from the very beginning. The tribal people and other people who live nearby in that area eat a variety of wild plants. Traditional knowledge of wild plants is being lost at an alarming rate, and new medications that can be used for medical purposes have been developed in recent years. The Bijnor district, which is close to the Ganga River and in the Himalayan foothills, is rich in natural herbal plantations. The Moradabad division's north-west corner is occupied by Bijnor. The Ganges, a deep stream, forms the entire western boundary. Beyond it are the four districts of Dehradun, Saharanpur, Muzaffarnagar, and Meerut. The latitude and longitude of the district are 2902-29058 and 7800-780-59 degrees East. It spans 4561 kilometres. A significant portion of the district is part of the Indo-gangetic alluvium. The region has a dry tropical climate. Winter temperatures range from 80 to 170 degrees Celsius, with temperatures below 50 degrees Celsius in between. The average rainfall is 901.00 mm. According to India State of Forest Report-2019 Geographical Area of Bijnor is 4561, Very Dense Forest is 39.00, Moderate Dense Forest is 218.38, Open Forest is 146.23, and % of Geographical Area is 8.85.

## Materials and Methods

This study was conducted in Bijnor District under five zones areas during the year 2020 - 2022.

### Zones-

- a) Bijnor(River Ganga) Zone
- b) Chandpur Zone
- c) Najibabad Zone
- d) Dhampur Zone
- e) Nagina Zone



Traditional healers, vaidhyas, hakims, tribes, and elderly rural residents provided first-hand knowledge on the therapeutic applications of plants. The majority of the informants were unwilling to divulge any information, but a small number agreed to be interviewed and to be collected from the forest. Agri, Jhalu, Haldaur, Najibabad, Kiratpur, Chandpur, pipli, Jalilpur, etc. rural farmers. Data on the names, functions, parts used, and application methods of local plants were gathered using a systematic questionnaire. The Herbarium of the Botanical Survey of India, Northern Circle, Dehradun (BSD), local floras, and earlier works by Hooker 1875), Kirtikar and Basu (1999), Dubey et al. helped identify the recorded plant species (2008). Semi-structured interviews using a questionnaire focused on health issues, diagnosis and treatment approaches, regional names for medicinal plants, plant parts utilised in techniques of application, remedies for medicinal plants, and conservation activities were the methods used to collect ethnobotanical data. The habit, habitat, flowering and fruiting seasons, smell, and bark colour were all noted during the field survey. It has also discovered which plant parts are valuable for medicinal purposes. The identification of the medicinal plants, as well as their photography and collection of sample specimens for herbarium preparation, was done. During the semi-structured interview, the status of all the therapeutic plants was documented as abandoned and scarce.

## Identification of plants-

Before conducting a survey at the study sites, a questionnaire was created to collect data on the local medicinal plants. The data was gathered from a large number of Vaidyas and old villagers. The research locations are where the original digital photos of the plant were taken. The indigenous flora served as a guide for identification. The current work was conducted using an ethnomedicinal inventory that included family names listed in alphabetical order, followed by the botanical name, local name, English name, component used, and ethno medicinal uses. (Maheshwari et al. 1988). In the Bijnor district, medicinal plant species were gathered from several locations. The plants were preserved with a collection number, appropriately pressed, poisoned, and glued onto herbarium sheets. The department of Botany received the herbarium sheets for future reference.

## Result and Discussion

A major impact of deforestation and other anthropogenic factors on the natural resources is the rising demand for medicinal herbs. Locals frequently employ plants to treat illnesses, especially in places with limited or no access to contemporary medical care. Due to the development of modern technology and the alteration of traditional culture, the indigenous traditional knowledge of medicinal plants among many ethnic tribes, where it has been passed down orally for centuries, is quickly vanishing. (Omprakash et al. 2017). Thus, the collection of data about the management, classification, and human use of the natural flora is important to ethno botanists. (Shukla et al. 2013). The wonder of photosynthesis, plant respiration, structure, growth, development, and

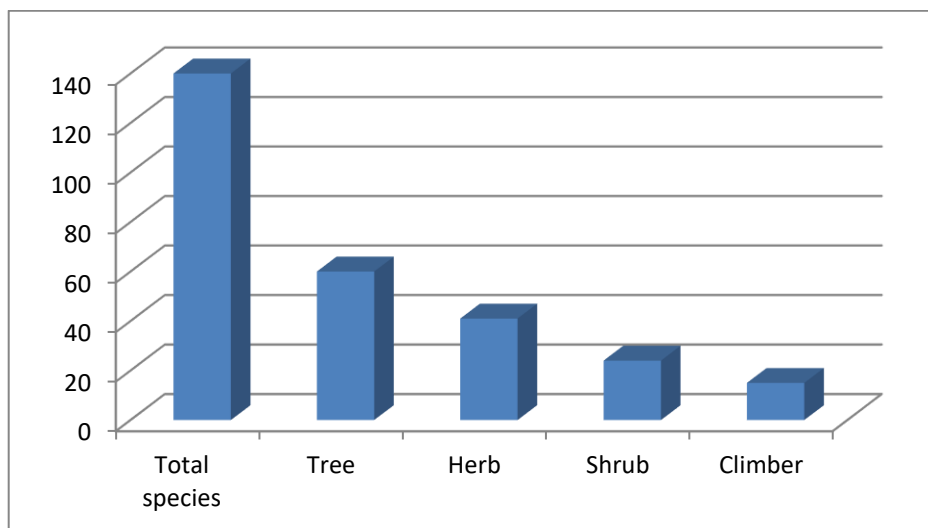
reproduction are all part of the complex chemistry of plants. Animals and plants share a large portion of the chemical components that make up life. From a holistic viewpoint, the entire plant must be acknowledged as a biologically integrated, developed system that defies scientific analysis. [Venketeshwer Rao (Ed.), Marisa Marciano].

The ethno-medicinal data recorded on 140 plants species belonging to 54 families and 119 genera, during summer, rainy and winter seasons. The most commonly represented families are, Asteraceae, Apocynaceae, Combretaceae, Euphobiaceae, Fabaceae, Malvaceae, Mimosaceae, Solanaceae, Verbenaceae etc. (Table- 1. & Graph no-2) For each species the following ethno medicinal information was provided- botanical name, local name, plant parts and their ethno medicinal use in the treatment of disease. The present report on medicinal plants showed that made up the highest proportion being represented with herbs (41), shrubs (24), Tress (60) and Climber (15). (Table-1 & Graph no-1). The plant parts used widely to treat human and livestock, health problems include roots, stem, bark and other parts. (Table-1 & Graph no-3). The plant parts used by tribes to treat the various ailments in the area were leaves. The details are given in Table 1.

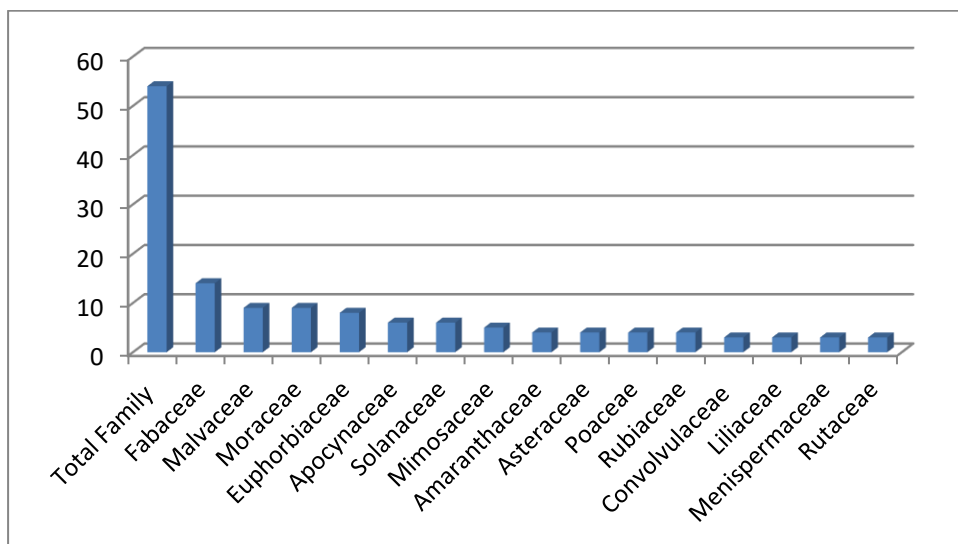
The medicinal plants identified from the various study sites are used for treating many different types of illnesses, wounds, fever, joint pain, headache, constipation, diarrhoea, (Singh, K.K. (1997). Eye disorders, skin ailments, cough and cold, antidote for poisonous insects, stomach disorders, urinary troubles, liver complaints, digestive problems, jaundice, asthma, bronchitis, inflammations and anaemia, piles, mental disorder, abdominal pain and bone fracture, paralysis, epilepsy, impotency, general weakness, etc. (Devendra et al.2018, Srivastav et al.2012) The people of Bijnor district uses the indigenous knowledge to the treatment of various kinds of disease like diabetes, diarrhoea, osteoarthritis, chronic bronchitis, jaundice, asthma and other disease. (Singh & Singh 2009, Mishra et al.2012), Mehra et al., 2014., Bajpai et al.,2016)

## **Conclusion**

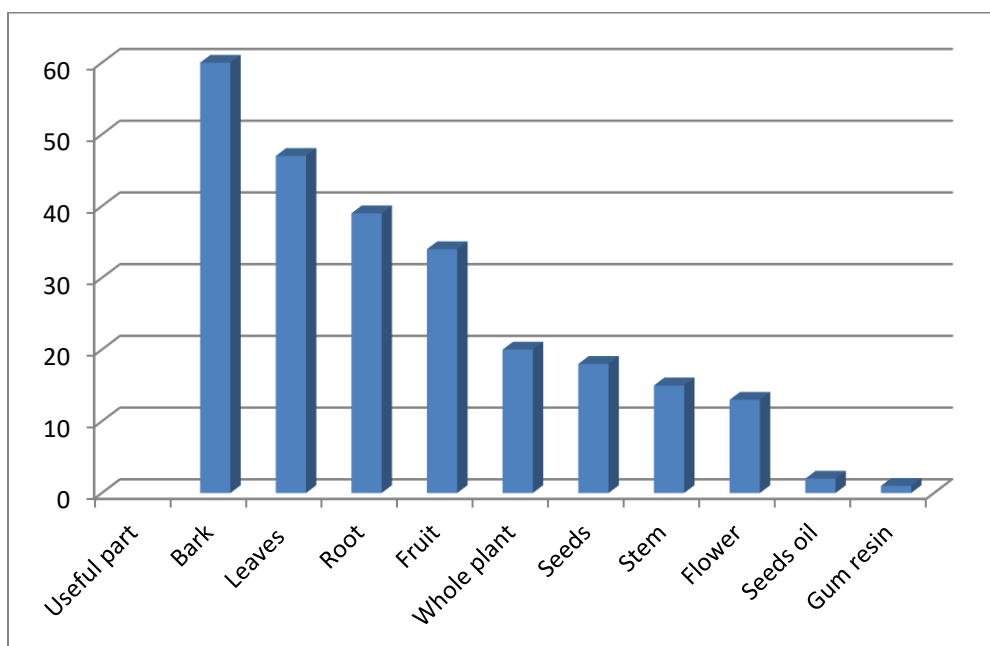
The current study gives details on the traditional medical applications of various plant species in the Uttarpradesh region's Bijnor District. Based on the aforementioned findings and discussions, it is possible to draw the conclusion that the medicinal plants of western Uttar Pradesh state are very significant sources of medications for treating a variety of human diseases, including diabetes, leprosy, kidney and gallstone stones, gonorrhoea, syphilis, leucorrhoea, blood vomiting, gonorrhoea, and asthma.(Shalu Chaudhry et al. 2011) The fact that traditional healers are the primary source of information on medicinal plants suggests that this region's traditional healthcare system is an established one. This ethnic community system is conservation-focused and has a lot of promise. This system requires in-depth analysis and documentation. Traditions are passed down from one generation to the next. According to the study, Bijnor's medicinal plant industry might be strengthened by good coordination. This could only be accomplished by combining efforts to conserve the environment, preserve biodiversity, and improve the health care system. To conserve the traditional medical practises and plant medicines used by indigenous people, collaborative research and coordinated efforts are needed.



**Graph no- 1: Habit pattern of different plantspecies.**



**Graph no- 2: Most used Family of different plant species.**



**Graph no-3: Plant part's used pattern of different plant species.**

Table 1.

| S. no. | Botanical name                                                                        | Family           | Habit          | Hindi/Sanskrit name | English name          | Economic uses                       | Parts use                     | Medicinal uses                                                                                                                                      |
|--------|---------------------------------------------------------------------------------------|------------------|----------------|---------------------|-----------------------|-------------------------------------|-------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| 1      | <i>Abelmoschus moschatus</i> Medik. Syn. <i>Hibiscus abelmoschus</i> L.               | Malvaceae        | Herb           | latakasturi         | Musk-mallow           | Fibre, Vegetables, Food & medicinal | Seeds, Leaves & root          | Stomatitis, dyspepsia, gonorrhoea, leucoderma, colic pain & constipation.                                                                           |
| 2      | <i>Abrus precatorius</i> L.                                                           | Fabaceae         | Climber        | Gunja               | Bead vine             | Medicinal                           | Seeds & root                  | Diabetes, malaria, inflammation & immune disorders.                                                                                                 |
| 3      | <i>Abutilon indicum</i> (Linn.) Sweet                                                 | Malvaceae        | Herb           | Atibala             | Country mallow        | Medicinal                           |                               |                                                                                                                                                     |
| 4      | <i>Acacia catechu</i> (L. f.) Willd.                                                  | Mimosaceae       | Tree           | Khadir              | Black catechu         | Medicinal                           | Bark                          | Diarrhoea, toothache, tonsillitis, stomatitis, bronchitis, cough & eczema.                                                                          |
| 5      | <i>Acacia nilotica</i> (L.) Delile. Syn. <i>Acacia arabica</i> (Lam.) Willd.          | Mimosaceae       | Shrub          | Babul               | Gum arabica tree      | Medicinal                           | Bark & gum resin              | Leucorrhoea, leprosy, gastritis, sore throat & oral infection.                                                                                      |
| 6      | <i>Acacia pennata</i> (L.) Willd.                                                     | Mimosaceae       | Climber        | khadirvalli         | Climbing acacia       | Medicinal                           | Leaves, Stem                  | Kidney stone & urinary blockages.                                                                                                                   |
| 7      | <i>Achyranthes aspera</i> L.                                                          | Amaranthaceae    | Herb           | Apamarg             | Prickly chaff flower  | Medicinal                           | Whole plant                   | Migraine, dentalgia, deafness, asthma, cough, cholera & hemorrhoids.                                                                                |
| 8      | <i>Acorus calamus</i> L.                                                              | Araceae          | Herb           | Vach                | Sweet flag            | Medicinal                           | Root                          | Improve memory, intellect, paralysis, epilepsy & hysteria.                                                                                          |
| 9      | <i>Adhatodavasic</i> Nees.                                                            | Acanthaceae      | Shrub          | Vasa                | Malabar nut           | Medicinal                           | Leaf, Stem, Root              | Bronchitis, cold, whooping cough & asthma.                                                                                                          |
| 10     | <i>Aegle marmelos</i> (L.) Corrêa Syn. <i>Crateva marmelos</i> L.                     | Rutaceae         | Tree           | Bel                 | Bael                  | Medicinal                           | Fruit, leaf & bark            | Cholera, diarrhoea, dysentery, dyspepsia & stomachalgia.                                                                                            |
| 11     | <i>Aerva javanica</i> (Burm. f.) Juss. ex Schult.                                     | Amaranthaceae    | Herb           | Gorakshaganja       | Aerva                 | Medicinal                           | Whole plant                   | Headache, Mouth ulcer, Toothache, Jaundice, Malaria & Kidney stones.                                                                                |
| 12     | <i>Ailanthus excelsa</i> Roxb.                                                        | Simaroubaceae    | Tree           | Aralu               | Ailanthus             | Medicinal                           | Bark                          | Fever, asthma, bronchitis and dysentery.                                                                                                            |
| 13     | <i>Albizia lebeck</i> (L.) Willd.                                                     | Mimosaceae       | Tree           | Shirish             | Lebeck tree           | Medicinal                           | Bark, seeds, leaves & flowers | Allergic condition, urticaria, leprosy, wounds & neuralgia.                                                                                         |
| 14     | <i>Alocasia macrorrhizos</i> (L.) G. Don Syn. <i>Alocasia indica</i> (Lour.) Spach    | Araceae          | Herb           | Mankand             | Elephant Ear Taro     | Food & medicinal                    | Rhizome                       | Jaundice, pus in the ears, diarrhoea, skin disorders & swollen lymph glands.                                                                        |
| 15     | <i>Aloe vera</i> (L.) Burm. f. Syn. <i>Aloe barbadensis</i> Mill.                     | Liliaceae        | Herb           | Ghrithkumari        | Indian aloe           | Medicinal                           | Leaves                        | Skin diseases, amenorrhoea, hepatopathy, splenopathy & constipation. Contraindication :- Inflammatory intestinal disease & pregnancy.               |
| 16     | <i>Alstoniascholaris</i> (L.) R. Br. Syn. <i>Echitescholaris</i> L.                   | Apocynaceae      | Tree           | Saptaparna          | Devil tree            | Medicinal                           | Leaves & Bark                 | Malarial fever, urticaria, skin disease, pruritus, bronchitis & asthma.                                                                             |
| 17     | <i>Alternanthera sessilis</i> (L.) R. Br. ex DC.                                      | Amaranthaceae    | Herb           | Matsyakshi          | Sessile joyweed       | Medicinal                           | Whole plant                   | Hepatitis, bronchitis, asthma and other lung troubles.                                                                                              |
| 18     | <i>Amaranthus spinosus</i> L.                                                         | Amaranthaceae    | Herb           | Chaulai             | Prickly amaranth      | Food & medicinal                    | Leaves & Root                 | Diabetes, bone fracture, internal bleeding, diarrhoea, gonorrhoea, abscess & arthritis.                                                             |
| 19     | <i>Anthocephalus cadamba</i> (Roxb.) Miq.                                             | Rubiaceae        | Tree           | Kadamb              | White cinchona kadamb | Medicinal                           | Fruit & bark                  | Fever, gastric trouble, urinary disorder, skin diseases & anaemia.                                                                                  |
| 20     | <i>Argemone mexicana</i> L.                                                           | Papaveraceae     | Herb           | Satyanashi          | Mexican Prickly Poppy | Medicinal                           | Whole plant                   | Worm infestation, leprosy, skin diseases, fever & inflammation.                                                                                     |
| 21     | <i>Artocarpus heterophyllus</i> Lam.                                                  | Moraceae         | Tree           | Kathal              | Jack fruit tree       | Food & medicinal                    | Fruit & latex                 | Fever, boils, wounds, skin diseases, convulsions, diuretic & snake bite.                                                                            |
| 22     | <i>Artocarpus lacucha</i> Buch.-Ham.                                                  | Moraceae         | Tree           | Lakuch              | Monkey fruit          | Food & medicinal                    | Fruit & latex                 | Fever, constipation, eye disease, obesity, liver disease & anorexia.                                                                                |
| 23     | <i>Asparagus racemosus</i> Willd.                                                     | Liliaceae        | Climbing Shrub | Satavari            | Wild asparagus        | Ornamental & medicinal              | Root                          | Dysentery, rheumatism, nervous disorders, galactagogue & rejuvenation.                                                                              |
| 24     | <i>Averrhoa carambola</i>                                                             | Oxalidaceae      | Tree           | Karmaranga          | Star Fruit            | Food & medicinal                    | Fruit, Leaves, Flower & Bark  | A decoction of combined fruit and leaves is drunk to overcome vomiting. fruit is said to allay biliousness and diarrhea. Flower used in dermatitis. |
| 25     | <i>Azadirachta indica</i> (L.) A. Juss. Syn. <i>Melia azadirachta</i> L.              | Meliaceae        | Tree           | Neem                | Margosa tree          | Medicinal                           | Leaves, Bark, flower & root.  | Tubercular glands, leprosy, skin diseases, leucoderma, eczema, pruritus & malarial fevers.                                                          |
| 26     | <i>Bambusa bambos</i> (L.) Voss. Syn. <i>Bambusa arundinacea</i> Willd.               | Poaceae          | Woody Herb     | Bans                | Bamboo                | Ornamental & medicinal              | Young leaf & young shoots     | Lumbago, hemorrhoids, gonorrhoea, burning sensation & strangury.                                                                                    |
| 27     | <i>Barleria prionitis</i> L.                                                          | Acanthaceae      | Shrub          | Saireyak            | Porcupine flower      | Ornamental & medicinal              | Roots, leaves, seeds.         | Fever, respiratory diseases, toothache & joint pain.                                                                                                |
| 28     | <i>Bauhinia variegata</i> L.                                                          | Fabaceae         | Tree           | kanchnar            | Mountain ebony        | Medicinal                           | stem bark, Leaves & flowers   | Wounds, skin diseases, scrofula, glandular swelling & sore throat.                                                                                  |
| 29     | <i>Boerhaviadiffusa</i> L.                                                            | Nyctaginaceae    | Herb           | Punarnava           | Hog weed              | Medicinal                           | Root                          | Arthritis, cough impotency, skin disorders, anaemia & hepatic disorders.                                                                            |
| 30     | <i>Bombax ceiba</i> L.                                                                | Malvaceae        | Tree           | Shemal              | Silk cotton tree      | Medicinal                           | Bark, flowers & leaves        | Menorrhagia, Hemoptysis, Tuberculosis, Influenza & Haemorrhoids.                                                                                    |
| 31     | <i>Bryophyllum pinnatum</i> (Lam.) Kurz. Syn. <i>Kalanchoe pinnata</i> Pers.          | Crassulaceae     | Herb           | Parnbeej            | Air plant             | Medicinal                           | Leaves                        | Wounds, hemorrhoids, menorrhagia, boils, sloughing ulcers, burns, diarrhoea, dysentery, headache, vomiting & bronchitis.                            |
| 32     | <i>Buddleja asiatica</i> Lour.                                                        | Scrophulariaceae | Shrub          | Tootmalanga         | Asian butterfly bush  | Ornamental & medicinal              | Leaves                        | Skin diseases.                                                                                                                                      |
| 33     | <i>Butea monosperma</i> L. Syn. <i>B. frondosa</i> Koen. ex Roxb.                     | Fabaceae         | Tree           | Palash              | Rarest flame          | Medicinal                           | Seeds, Root & leaves          | Diabetes, cataract, anaemia, kidney stones & urinary blockages.                                                                                     |
| 34     | <i>Caesalpinia bonduca</i> (L.) Roxb. Syn. <i>Caesalpinia bonducella</i> (L.) Fleming | Caesalpinaceae   | Shrub          | Putikaraj           | Bonduca nut           | Medicinal                           | Seeds & root                  | Skin diseases, leprosy, dysentery, diarrhoea, diabetes, chronic fever & hemorrhoids.                                                                |
| 35     | <i>Calotropis gigantea</i> (L.) Dryand.                                               | Apocynaceae      | Shrub          | Ark shwet           | Crown flower          | Medicinal                           | Leaves & Root                 | Leprosy, Elephantiasis, Snakebite, Asthma, Headache & Skin diseases.                                                                                |
| 36     | <i>Calotropis procera</i> (Aiton) Dryand.                                             | Apocynaceae      | Shrub          | Ark rakt            | Auricula Tree         | Medicinal                           | Leaves & Root                 | Rheumatism, filariasis, wounds, glandular swellings & eczema.                                                                                       |
| 37     | <i>Cannabis sativa</i> L.                                                             | Cannabaceae      | Herb           | Bhang               | Hemp                  | Medicinal                           | Whole plant                   | Malarial fever, Diarrhea, Insomnia & Tumor.                                                                                                         |

# Ethno Medicinally Important Plants of Bijnor District (U.P.), India

|        |                                                                                 |                |         |                  |                                  |                               |                                          |                                                                                                                                      |
|--------|---------------------------------------------------------------------------------|----------------|---------|------------------|----------------------------------|-------------------------------|------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| 3<br>8 | <i>Carica papaya</i> L.                                                         | Caricaceae     | Tree    | Papeeta          | Melon tree                       | Food medicinal & Fruit latex  | leaves&                                  | Dentalgia, throat disorders, diarrhoea, hemorrhoids, paralysis & skin disorders.                                                     |
| 3<br>9 | <i>Carissa spinarum</i> L. Syn. <i>Carissa congesta</i> Wight                   | Apocynaceae    | Shrub   | Karaunda         | Indian teak tree                 | Food medicinal & Fruit        |                                          | Hemorrhages, hemorrhoids, gingivitis, toothache & nocturnal enuresis in children.                                                    |
| 4<br>0 | <i>Cassia fistula</i> L.                                                        | Leguminosae    | Tree    | Amaltas          | Pudding pipe tree                | Medicinal                     | Bark                                     | Diabetes, Piles, Kidney disease, Menstrual disease & Diarrhea.                                                                       |
| 4<br>1 | <i>Catharanthus roseus</i> (L.) G.Don Syn. <i>Vinca rosea</i> L.                | Rubiaceae      | Tree    | Sadabahar        | Emetic Nut                       | Oranamental& medicinal        | Leaves ,Flower& Root                     | Diabetes, Leukemia&Stomachache.                                                                                                      |
| 4<br>2 | <i>Celastrus paniculatus</i> Willd.                                             | Celastraceae   | Shrub   | Jyotishmati      | Staff tree                       | Medicinal                     | Seeds oil                                | Skin inflammation, cancer, mental disorders, gout, epilepsy, insomnia & dyspepsia.                                                   |
| 4<br>3 | <i>Centella asiatica</i> (L.) Urban. Syn. <i>Hydrocotyle asiatica</i> L.        | Apiaceae       | Herb    | Mandukparni      | Indian penns wort                | Medicinal                     | Whole plant                              | Anaemia, asthma, bronchitis, cholera, measles, constipation, dermatitis & diarrhoea.                                                 |
| 4<br>4 | <i>Cestrum nocturnum</i> L.                                                     | Solanaceae     | Shrub   | Rat ki rani      | Queen of night                   | Oranamental& medicinal        | Bark                                     | Epilepsy & Cytotoxic activities.                                                                                                     |
| 4<br>5 | <i>Cissampelos pareira</i> L.                                                   | Menispermaceae | Climber | Patha            | Velvet Leaf Plant                | Medicinal                     | seed, bark, leaf, root                   | Diarrhoea, dysentery, ulcer, intestinal worms, splenomegaly, diabetes &meastrual disorders.                                          |
| 4<br>6 | <i>Clitoriatermatea</i> L.                                                      | Fabaceae       | Climber | Aprajita         | Indian mezorian, Winged clitoria | Ornamental & medicinal        | Leaves ,Flower& Seeds                    | Cough, small pox, piles, cold & asthma.                                                                                              |
| 4<br>7 | <i>Cocculus hirsutus</i> (L.) W.Theob.                                          | Menispermaceae | Climber | Patalgaruni      | Ink berry plant                  | Medicinal                     | Leaves, Roots                            | Intestinal worms, sun stroke, Migraine, anorexia, Eczema, Gonorrhea.                                                                 |
| 4<br>8 | <i>Coixlacryma-jobi</i> L. Syn. <i>Coixlachryma</i> L.                          | Poaceae        | Herb    | Gabedhuk         | Jobs tears                       | Ornamental & medicinal        | Root & seeds                             | Anti-inflammatory, antipyretic, antiseptic, antispasmodic, hypoglycaemic, hypotensive, sedative & vermifuge.                         |
| 4<br>9 | <i>Cordia myxa</i> L.                                                           | Boraginaceae   | Tree    | Shlesmantak      | Sehestan                         | Medicinal                     | Fruit & stem bark                        | Diabetes, inflammation, ulcer, spermatorrhoea, headache, sexual weakness & dyspepsia.                                                |
| 5<br>0 | <i>Crataeva nurvala</i> Buch.-Ham.                                              | Capparaceae    | Tree    | Varun            | Three leaved caper               | Medicinal                     | Bark                                     | Dysuria, kidney stones, prostate enlargement, goiter, diabetes, rheumatism, arthritis, heart disease, impotency, wounds & ulcers.    |
| 5<br>1 | <i>Curculigoorchioides</i> Gaertn. Syn. <i>Hypoxisorchioides</i> (Gaertn.) Kurz | Hypoxidaceae   | Herb    | Kali musli       | Black musli                      | Medicinal                     | Root                                     | Cough, asthma, diarrhoea, gonorrhoea, colic & dysurea.                                                                               |
| 5<br>2 | <i>Cuscuta reflexa</i> Roxb.                                                    | Convolvulaceae | Climber | Aakashvalli      | Dodder                           | Medicinal                     | Whole plant                              | Cough, muscular pain and urination disorders                                                                                         |
| 5<br>3 | <i>Cymbopogon citratus</i> (DC.) Stapf Syn. <i>Andropogon citratus</i> DC.      | Poaceae        | Herb    | Bhutrin          | Lemon grass                      | Medicinal                     | Root                                     | Flatulence, gastric irritation, fever, anorexia & bronchitis.                                                                        |
| 5<br>4 | <i>Cyperus rotundus</i> L.                                                      | Cyperaceae     | Herb    | Nagarmotha       | Nutgrass                         | Medicinal                     | Root                                     | Conjunctivitis, vomiting, diarrhoea colitis, dyspepsia & eczema.                                                                     |
| 5<br>5 | <i>Dalbergia latifolia</i> Roxb.                                                | Fabaceae       | Tree    | Krishn shisham   | Black Rose wood                  | Timber Medicinal              | & Leaves & Bark.                         | Dyspepsia, Diarrhea, Leprosy, Obesity, Eczema, Pimples& Worms infection.                                                             |
| 5<br>6 | <i>Dalbergia sissoo</i> DC.                                                     | Fabaceae       | Tree    | Shisham          | Shisham                          | Timber Medicinal              | & Leaves & Bark.                         | Blood disorders, dysentery, dyspepsia, leucoderma, & diabetes.                                                                       |
| 5<br>7 | <i>Datura metel</i> L.                                                          | Solanaceae     | Shrub   | Dhatura          | Thorn Apple                      | Medicinal                     | Seeds                                    | Insanity, asthma, cholera, gout & scorpion bite.                                                                                     |
| 5<br>8 | <i>Desmodium gangeticum</i> (L.) DC. Syn. <i>Hedysarum gangeticum</i> L.        | Fabaceae       | Herb    | Shalparni        | Salpani                          | Medicinal                     | Stem bark                                | Bronchitis, asthma, diabetes, dyspnoea, fever & respiratory disorders.                                                               |
| 5<br>9 | <i>Dillenia indica</i> L.                                                       | Dilleniaceae   | Tree    | Chalta           | Elephant apple                   | Food medicinal & Fruit & bark |                                          | Diabetes, wound, diarrhoea, abdominal pain, burns & bone fracture.                                                                   |
| 6<br>0 | <i>Dioscorea alata</i> L. Syn. <i>Dioscorea atropurpurea</i> Roxb.              | Dioscoreaceae  | Climber | Ratalu           | Greater yam                      | Food medicinal & Tuber        |                                          | Scrofula, piles, skin disorders, inflammation, ringworm & scorpion bite.                                                             |
| 6<br>1 | <i>Dioscorea bulbifera</i> L.                                                   | Dioscoreaceae  | Climber | Varahikand       | Potato yam                       | Food medicinal & Tuber        |                                          | Scrofula, syphilis, hemorrhoids, flatulence, diarrhoea, dysentery, worm infestation, general debility & skin disorders.              |
| 6<br>2 | <i>Diospyros montana</i> Roxb.                                                  | Ebenaceae      | Tree    | Vishtendu        | Bombay ebony                     | Food medicinal & Fruit        |                                          | Ulcer, Snake bite, Tumor& Jaundice.                                                                                                  |
| 6<br>3 | <i>Eclipta alba</i> (L.) Hassk. Syn. <i>Eclipta prostrata</i> L.                | Asteraceae     | Herb    | Bringraj         | Eclipta                          | Medicinal                     | Whole plant                              | Hepatitis, skin disorder, inflammation & acidity.                                                                                    |
| 6<br>4 | <i>Emblica officinalis</i> Gaertn. Syn. <i>Phyllanthus emblica</i> L.           | Euphorbiaceae  | Tree    | Ambla            | Indian goose berry               | Food medicinal & Fruit        |                                          | Dyspepsia, rejuvenating, pain, inflammation, anaemia & jaundice.                                                                     |
| 6<br>5 | <i>Erythrina indica</i> Lam. Syn. <i>E. variegata</i> L.                        | Fabaceae       | Tree    | Paribhadra       | Cord tree                        | Medicinal                     | Leaves & stem bark                       | Dental caries, pain, inflammation, cardiovascular diseases, convulsions, diarrhoea, tumor, fever, insomnia & cough.                  |
| 6<br>6 | <i>Euphorbia hirta</i> L. Syn. <i>Euphorbia pilulifera</i> Hook. f.             | Euphorbiaceae  | Herb    | Dugdhi kabri had | Snake weed                       | Medicinal                     | Latex                                    | Leucorrhoea, skin infections, cough, coryza, bronchitis & asthma.                                                                    |
| 6<br>7 | <i>Euphorbia thymifolia</i> L. Syn. <i>Chamaesyce thymifolia</i> Mill sp.       | Euphorbiaceae  | Herb    | Dugdhi ka        | Thyme leave spurge               | Medicinal                     | Latex                                    | Diarrhoea, mild laxative, malarial, rashes, dysentery, piles, detoxificant & hemorrhoids.                                            |
| 6<br>8 | <i>Ficus benghalensis</i> L.                                                    | Moraceae       | Tree    | Bargad           | Banyan tree                      | Medicinal                     | Latex, root-fibers, leaves, seeds & Bark | Ulcers, vomiting, leprosy, piles, gonorrhoea, syphilis & dysentery.                                                                  |
| 6<br>9 | <i>Ficus lacor</i> Buch.-Ham. Syn. <i>Ficus infectoria</i> Roxb.                | Moraceae       | Tree    | Pakad            | Spotted White Fig                | Ornamental & medicinal        | Fruit & Bark                             | Otitis, lymphadenitis, haemorrhage, diarrhoea, hemorrhoids, dysuria & abdominal ache.                                                |
| 7<br>0 | <i>Ficus palmata</i> Forssk.                                                    | Moraceae       | Shrub   | Bedu             | Wild fig                         | Ornamental medicinal          | & Fruit & Bark                           | Constipation, diabetes, warts, lungs disorders & urinary disorders.                                                                  |
| 7<br>1 | <i>Ficus racemosa</i> L.                                                        | Moraceae       | Tree    | Gular            | Cluster Fig Tree                 | Food medicinal                | & Fruit & Bark                           | Edema, hemorrhages, Healsulcers, & cures diseases of female external organs. Decoction of bark is used for gargling, vaginal douche. |
| 7      | <i>Ficus religiosa</i> L.                                                       | Moraceae       | Tree    | Peepal           | Peepal tree                      | Medicinal                     | Fruit & Bark                             | Wound, diabetes, gonorrhoea & skin                                                                                                   |

## Ethno Medicinally Important Plants of Bijnor District (U.P.), India

|   |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
|---|------------------------------------------------------------------------------------------------------------|----------------|---------------|-------------------|-----------------------|----------------------|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|
| 2 |                                                                                                            |                |               |                   |                       |                      |                          | disorders.                                                                                                                              |
| 7 | <i>Gloriosa superba</i> L.                                                                                 | Liliaceae      | Climbing herb | Kalihari          | Glory lily            | Medicinal            | Seeds                    | Gout, snakebite, ulcer, arthritis, cholera, itching, leprosy, hemorrhoids & smallpox.                                                   |
| 3 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 7 | <i>Gmelina arborea</i> Roxb.                                                                               | Verbenaceae    | Tree          | Gambhari          | Coomb teak            | Medicinal            | Fruit & bark             | Stomachic, galactagogue, laxative, anthelmintic. Used to treat piles, fever & headache.                                                 |
| 4 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 7 | <i>Grewia asiatica</i> L. Syn. <i>G. subinaequalis</i> DC.                                                 | Malvaceae      | Shrub         | Phalsa            | Sherbet Berry         | Food medicinal       | & Fruit & bark           | Astringent, stomachic & cooling agent.                                                                                                  |
| 5 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 7 | <i>Haldina cordifolia</i> (Roxb.) Ridsdale.                                                                | Rubiaceae      | Tree          | Haldu             | Yellow teak           | Medicinal            | Leaves, Root & Bark      | Diarrhea, Dysentery, Fever, Chronic cough & tapeworm.                                                                                   |
| 6 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 7 | <i>Helicteres isora</i> L.                                                                                 | Sterculiaceae  | Shrub         | Avantani          | The Indian screw tree | Medicinal            | Fruit                    | Diarrhoea, dysentery, abdominal colic pain.                                                                                             |
| 7 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 7 | <i>Hibiscus rosa-sinensis</i> L.                                                                           | Malvaceae      | Shrub         | Gudhal            | Shoe flower           | Ornamental medicinal | & Root, leaves & flowers | Osteoarthritis, boils, cough, sprain & wounds.                                                                                          |
| 8 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 7 | <i>Holarrhena pubescens</i> Wall. ex G. Don. Syn. <i>Holarrhena antidysenterica</i> (Roth) Wall. ex A. DC. | Apocynaceae    | Tree          | Kutaj             | Ivory tree            | Medicinal            | Bark & Fruit             | Colic, dyspepsia, diseases of the skin & spleen disorder.                                                                               |
| 9 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 8 | <i>Holoptelea integrifolia</i> (Roxb.) Planch.                                                             | Ulmaceae       | Tree          | Chirbilva         | Indian Elm            | Medicinal            | Stem leaves bark,        | Gastritis, colic pain, Vomiting, diabetes, dysmenorrhoea, intestinal wound.                                                             |
| 0 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 8 | <i>Ichnocarpus frutescens</i> (L.) W. T. Aiton.                                                            | Apocynaceae    | Climber       | Jambupatras ariva | Black creeper         | Medicinal            | Root                     | Dysentery, haematuria, measles, bleeding gum, Glossitis.                                                                                |
| 1 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 8 | <i>Ipomoea nil</i> (L.) Roth                                                                               | Convolvulaceae | Climber       | Kaladana          | Blue Morning Glory    | Medicinal            | Seeds                    | Constipation, Leucoderma, Scabies, Gout, Bronchitis & Fever.                                                                            |
| 2 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 8 | <i>Jasminum officinale</i> L.                                                                              | Oleaceae       | Climber       | Chameli           | Common jasmine        | Ornamental medicinal | & leaves, flowers & Root | Otorrhoea, ringworm, menstrual disorders, skin disease & dyspepsia.                                                                     |
| 3 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 8 | <i>Jasminum sambac</i> (L.) Ait.                                                                           | Oleaceae       | Shrub         | Mallika           | Arabian jasmine       | Ornamental medicinal | & leaves, flowers & Root | Leucorrhoea, leprosy, gastritis, sore throat & mouth infections.                                                                        |
| 4 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 8 | <i>Jatropha curcas</i> L.                                                                                  | Euphorbiaceae  | Shrub         | Vyaghraera nd     | Physic Nut            | Ornamental medicinal | & Seed & root            | Ophthalmic disorders, rheumatism, eczema, burning sensation & fever.                                                                    |
| 5 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 8 | <i>Lawsonia inermis</i> L.                                                                                 | Lythraceae     | Shrub         | Mehdi             | Henna                 | Medicinal            | Leaves                   | Insomnia, headache, jaundice, hair dye, haemostchezia & syncope.                                                                        |
| 6 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 8 | <i>Leucasa aspera</i>                                                                                      | Labiatae       | Herb          | Dronapushp i      | Leucas                | Medicinal            | Leaves, Whole plant      | Malarial fever, Jaundice, Eye disease.                                                                                                  |
| 7 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 8 | <i>Limonia acidissima</i> Groff                                                                            | Rutaceae       | Tree          | Kapith            | Elephant-apple        | Medicinal            | Fruit & bark             | Chronic dysentery, Piles, Stomach ulcers, Diarrhea, Diabetes, Throat ulcer & Uterine cancer.                                            |
| 8 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 8 | <i>Luffa acutangula</i> (Linn.) Roxb.                                                                      | Cucurbitaceae  | Climber       | Koshataki         | Wild Ribbed Gourd     | Medicinal            | Fruit, leaves & Roots    | Jaundice, diabetes, hemorrhoids, dysentery, headache, ringworm infection, and leprosy                                                   |
| 9 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 9 | <i>Madhuca longifolia</i> (J. Koenig ex L.) J. F. Macbr. Syn. <i>Bassia longifolia</i> J. Koenig ex L.     | Sapotaceae     | Tree          | Mahua             | Honey tree            | Medicinal            | Fruit & seeds            | Cough, cardiac disorders, wound, leprosy & blood disorders.                                                                             |
| 0 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 9 | <i>Mallotus philippensis</i> (Lam.) Müll. Arg.                                                             | Euphorbiaceae  | Tree          | Kampillak         | Monkey Face tree      | Medicinal            | Fruit & stem bark        | Tapeworm infection; Urinary calculi, Scabies, Ringworm & Herpes.                                                                        |
| 1 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 9 | <i>Melia azedarach</i> L.                                                                                  | Meliaceae      | Tree          | Mahanimb          | Persian lilac         | Medicinal            | Roots, bark & leaves     | Leprosy, scrofula, gingivitis, pyrexia, bleeding piles & rheumatism.                                                                    |
| 2 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 9 | <i>Mimosa pudica</i> L.                                                                                    | Mimosaceae     | Herb          | Chhuimui          | Sensitive plant       | Medicinal            | Whole plant              | Urogenital disorders, piles, dysentery, sinus & wounds.                                                                                 |
| 3 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 9 | <i>Mitragynaparvifolia</i> (Roxb.) Korth.                                                                  | Rubiaceae      | Tree          | Bhumikada mb      | Kaim                  | Medicinal            | root bark and leaves     | Fevers, Colic, Blood diseases, Muscular pains, Gynecological disorders & Poisoning.                                                     |
| 4 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 9 | <i>Moringa oleifera</i> Lam.                                                                               | Moringaceae    | Tree          | Sahjan            | Drumstick tree        | Food medicinal       | & Fruit, Bark & flowers  | Fever, epilepsy, inflammation, wound, hypertension & diabetes.                                                                          |
| 5 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 9 | <i>Morus nigra</i> L.                                                                                      | Moraceae       | Tree          | Shahtoot          | Blackberry            | Food medicinal       | & Fruit                  | Asthma, cough, bronchitis, hypertension, diabetes & rheumatism.                                                                         |
| 6 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 9 | <i>Mucuna pruriens</i> (L.) DC.                                                                            | Fabaceae       | Climber       | Kauncha           | Cowitch, Velvet bean  | Medicinal            | Seeds                    | Improves sleep, memory, learning, increases libido and sexual virility, promotes sperm count & ovulation in women, Parkinson's disease. |
| 7 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 9 | <i>Murrayakoenigii</i> (L.) Spreng.                                                                        | Rutaceae       | Shrub         | Meethi neem       | Curry leaf            | Food medicinal       | & Leaves                 | Diarrhoea, constipation, diabetes & cancer.                                                                                             |
| 8 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 9 | <i>Ocimum gratissimum</i> L.                                                                               | Lamiaceae      | Herb          | Ramtulsi          | clove basil           | Medicinal            | Leaves, Root & stem bark | Urinary tract infections, wound, skin & gastrointestinal infection.                                                                     |
| 9 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 1 | <i>Ocimum tenuiflorum</i> L. Syn. <i>Ocimum sanctum</i> L.                                                 | Lamiaceae      | Herb          | Shyama tulsi      | Holy basil            | Medicinal            | Leaves, Root & stem bark | Arthritis, cancer, acidity, diabetes & toothache.                                                                                       |
| 0 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 1 | <i>Operculina turpethum</i> (L.) Silva Manso                                                               | Convolvulaceae | Climber       | Nisoht/ Trivrut   | Indian Jalap          | Medicinal            | Root bark                | Purgetive, constipation, chronic gout, fever, bronchitis, ulcers, hemorrhoids, tumors, obesity, jaundice                                |
| 0 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 1 | <i>Oroxylum indicum</i> (L.) Vent.                                                                         | Bignoniaceae   | Tree          | Shyonak           | Indian trumpet tree   | Medicinal            | Stem bark                | Jaundice, anaemia, hepatic & skin disorders.                                                                                            |
| 0 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 1 | <i>Pithecellobium dulce</i> (Roxb.) Benth.                                                                 | Fabaceae       | Tree          | Jangal jalebi     | Sweet tamarind        | Food medicinal       | & Fruit                  | Convulsions, Dysentery, Dyspepsia, Earache, Leprosy & Venereal disease.                                                                 |
| 0 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 1 | <i>Plumbago zeylanica</i> L.                                                                               | Plumbaginaceae | Shrub         | Sweet chitrak     | White leadwort        | Medicinal            | Root bark                | Inflammation, colic, leucoderma, cough, amenorrhoea, hepatomegaly & splenomegaly.                                                       |
| 0 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 1 | <i>Polyalthia longifolia</i> (Sonn.) Thw.                                                                  | Annonaceae     | Tree          | Nakliashok        | Mast tree             | Medicinal            | Bark                     | Fever, skin disease, diabetes, hypertension & worm.                                                                                     |
| 0 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 1 | <i>Pongamia pinnata</i> (L.) Merr. Syn. <i>Derris indica</i> (Lam.) Bennet.                                | Fabaceae       | Tree          | Karanj            | Indian Beech Tree     | Medicinal            | Leaves & Bark            | Rheumatism, piles & diarrhoea.                                                                                                          |
| 0 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 1 | <i>Premnacorymbosa</i> Rottler & Willd.                                                                    | Verbenaceae    | Tree          | Agnimanth         | Headache Tree         | Medicinal            | Stem Bark                | Rheumatism, neuralgia, urticaria & dyspepsia.                                                                                           |
| 0 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 1 | <i>Pterospermum acerifolium</i> (L.) Willd.                                                                | Malvaceae      | Tree          | Kanak champa      | Bayur tree            | Medicinal            | Flower                   | Headache, ulcers, wounds, cough, cold & bleeding disorders.                                                                             |
| 0 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 1 | <i>Putranjivaxburghii</i> Wall. Syn. <i>Drypetes roxburghii</i> (Wall.) Hurus                              | Euphorbiaceae  | Tree          | Putranjivak       | Putranjiva Tree       | Medicinal            | Seeds & stem bark        | Headache, inflammation, abscess, infertility & fever.                                                                                   |
| 0 |                                                                                                            |                |               |                   |                       |                      |                          |                                                                                                                                         |
| 1 | <i>Ricinus communis</i> L.                                                                                 | Euphorbiaceae  | Tree          | Erand             | Castor oil plant      | Medicinal            | Seeds oil                | Cough, haemorrhoids, jaundice,                                                                                                          |



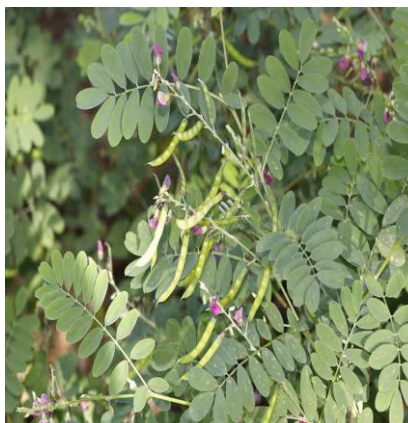
## Ethno Medicinally Important Plants of Bijnor District (U.P.), India

|                  |                                                                         |                 |         |                |                         |                |                             |  |                                                                                                                                                                                                                               |
|------------------|-------------------------------------------------------------------------|-----------------|---------|----------------|-------------------------|----------------|-----------------------------|--|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1<br>0           |                                                                         |                 |         |                |                         |                |                             |  | dysentery, sciatica, gout, ophthalmic diseases & abdominal diseases.                                                                                                                                                          |
| 1<br>1<br>1<br>1 | <i>Saccharum officinarum</i> L.                                         | Poaceae         | Herb    | Ekh            | Sugarcane               | Food medicinal | & Stem                      |  | Arthritis, boils, tumor, cough, diarrhoea & hiccups.                                                                                                                                                                          |
| 1<br>1<br>1<br>2 | <i>Sesamum indicum</i> L.                                               | Paedaliaceae    | Herb    | Tila           | Gingelly                | Food medicinal | & seed & oil                |  | wounds, pruritis, nasal polyp, amenorrhoea, used for enema, oilation therapy, neurological disorders, best oil for massage & food.                                                                                            |
| 1<br>1<br>3      | <i>Sida cordata</i> (Burm.f.) Borss.Waalk.                              | Malvaceae       | Herb    | Rajbala        | Heart-LeafSida          | Medicinal      | Whole plant                 |  | Boils, pimples, indigestion & gonorrhoea.                                                                                                                                                                                     |
| 1<br>1<br>4      | <i>Sida cordifolia</i> L.                                               | Malvaceae       | Herb    | Bala           | Country mallow          | Medicinal      | Whole plant                 |  | Filaria, osteo-arthritis, insanity, dysuria diarrhoea & leucorrhoea.                                                                                                                                                          |
| 1<br>1<br>5      | <i>Sidarhombifolia</i> L.                                               | Malvaceae       | Herb    | Mahabala       | Arrowleafsida           | Medicinal      | Whole plant                 |  | Headache, snakebite, diarrhoea, rheumatism, emollient, depression & U.T.I.                                                                                                                                                    |
| 1<br>1<br>6      | <i>Solanum indicum</i> L.                                               | Solanaceae      | Shrub   | Kateri badi    | Indian shade night      | Medicinal      | Roots & Berries             |  | Throat disorder, hiccough, inflammation, fever, anorexia & diarrhoea.                                                                                                                                                         |
| 1<br>1<br>7      | <i>Solanum nigrum</i> L.                                                | Solanaceae      | Herb    | Makoy          | Garden shade night      | Medicinal      | Whole plant                 |  | Stomatitis, skin diseases, ringworm, rabies, stomach-ache & cough.                                                                                                                                                            |
| 1<br>1<br>8      | <i>Solanum surattense</i> Burm. f.                                      | Solanaceae      | Shrub   | Kantkari       | Yellow-fruit nightshade | Medicinal      | Whole plant                 |  | Asthma, cold, stomach & liver complaints.                                                                                                                                                                                     |
| 1<br>1<br>9      | <i>Sphaeranthus indicus</i> Linn.                                       | Asteraceae      | Herb    | Gorakhamundi   | Indian Thistle          | Medicinal      | Whole plant                 |  | Swelling, Indigestion, Headache, Cough, Goiter, Skin diseases, Elephantiasis.                                                                                                                                                 |
| 1<br>2<br>0      | <i>Spondias pinnata</i> (L. f.) Kurz                                    | Anacardiaceae   | Tree    | Aamda          | Indian plum,Wild mango  | Food medicinal | & Fruit & Bark              |  | Diabetes, diarrhoea, dysentery, rheumatism, burn & wounds.                                                                                                                                                                    |
| 1<br>2<br>1      | <i>Stereospermum suaveolens</i> (Roxb.) DC.                             | Bignoniaceae    | Tree    | Padeli         | Fragrant Padri-Tree     | Medicinal      | Stem bark                   |  | Fevers, Indigestion, Dyspepsia, Liver disorder, Cholera, Inflammations, Vomiting& Asthma.                                                                                                                                     |
| 1<br>2<br>2      | <i>Streblus asper</i> Lour                                              | Moraceae        | Tree    | Shakhotak      | Sand Paper Tree         | Medicinal      | Stem bark                   |  | Filariasis, leprosy, toothache, diarrhea, dysentery and cancer.                                                                                                                                                               |
| 1<br>2<br>3      | <i>Syzygiumcaryophyllatum</i> (L.) Alston                               | Myrtaceae       | Tree    | Kshudrajambhu  | South Indian Plum       | Medicinal      | Fruit ,Seeds,leaves& bark   |  | Diarrhea, Diabetes, Leucorrhoea, Fever& General debility.                                                                                                                                                                     |
| 1<br>2<br>4      | <i>Syzygiumcumini</i> (L.) Skeels                                       | Myrtaceae       | Tree    | Jamun          | Jambul tree             | Food medicinal | & Fruit ,Seeds,leaves& bark |  | Jaundice, diabetes, anaemia, leucorrhoea, fever & vomiting.                                                                                                                                                                   |
| 1<br>2<br>5      | <i>Tamarindus indica</i> L.                                             | Caesalpiniaceae | Tree    | Imali          | Tamarind tree           | Food medicinal | & Fruit & leaves            |  | Stomatitis, diarrhoea, haemorrhoids, dysentery, anorexia & diabetes.                                                                                                                                                          |
| 1<br>2<br>6      | <i>Tephrosia purpurea</i> (L.) Pers.                                    | Fabaceae        | Herb    | Sharpunkha     | Purple tephrosia        | Medicinal      | Whole plant                 |  | it is used in the treatment of leprosy, ulcers, asthma, & tumors, as well as diseases of the liver, spleen, heart, & blood. A decoction of the roots is given indyspepsia, diarrhoea, rheumatism, asthma & urinary disorders. |
| 1<br>2<br>7      | <i>Terminalia arjuna</i> (Roxb.) W. & A.                                | Combretaceae    | Tree    | Arjun          | Arjuna myobalan         | Medicinal      | Fruit & Bark                |  | Cardiac disease, bone fractures, bleeding piles, leprosy, general debility & leucorrhoea.                                                                                                                                     |
| 1<br>2<br>8      | <i>Terminalia bellirica</i> (Gaertn.) Roxb.                             | Combretaceae    | Tree    | Baheda         | Beddanut                | Medicinal      | Fruit & Bark                |  | Vitiated conditions of kapha &vata, sore throat, cough, cold, asthma, diabetes, indigestion & bronchitis.                                                                                                                     |
| 1<br>2<br>9      | <i>Terminalia chebula</i> (Gaertn.) Retz.                               | Combretaceae    | Tree    | Harad          | Black myrobalan         | Medicinal      | Fruit & Bark                |  | Constipation, anaemia, flatulence, indigeation, inflammation, stomatitis &rejuvenation.                                                                                                                                       |
| 1<br>3<br>0      | <i>Tinospora cordifolia</i> (Willd.) Miers                              | Menispermaceae  | Climber | Giloy          | Tinospora               | Medicinal      | Stem                        |  | Fever, ophthalmic diseases, sprue, vomiting, hiccough, jaundice, anaemia, diabetes, gout & tuberculosis.                                                                                                                      |
| 1<br>3<br>1      | <i>Toona ciliata</i> M.Roem. Syn. <i>Cedrela toona</i> Roxb. ex Rottler | Meliaceae       | Tree    | Toon           | Australian redcedar     | Medicinal      | Bark                        |  | Bronchitis, gastric trouble, strangury, dysentery, headache, leucoderma, fever & antiseptic.                                                                                                                                  |
| 1<br>3<br>2      | <i>Trewianudiflora</i> L.                                               | Euphorbiaceae   | Tree    | Paniyagambhar  | False white teak        | Medicinal      | Leaves & Bark               |  | rheumatism and malignancy especially leukemia and hepato- biliary affections                                                                                                                                                  |
| 1<br>3<br>3      | <i>Trianthemapotulacastrum</i> L.                                       | Nyctaginaceae   | Herb    | Swet punarnava | Desert horsepurslane    | Medicinal      | Whole plant                 |  | Blood disease, anemia, inflammation, and night blindness.                                                                                                                                                                     |
| 1<br>3<br>4      | <i>Tribulus terrestris</i> L.                                           | Zygophyllaceae  | Herb    | Chota gokharu  | Land caltropus          | Medicinal      | Whole plant                 |  | Immune disorders, constipation & flatulence.                                                                                                                                                                                  |
| 1<br>3<br>5      | <i>Uraria picta</i> (Jacq.) DC.                                         | Fabaceae        | Herb    | Prishnparni    | Indian Uraria           | Medicinal      | Whole plant                 |  | Rheumatism, Diarrhea, Asthma, Bronchitis, Gonorrhea& Fever.                                                                                                                                                                   |
| 1<br>3<br>6      | <i>Veroniacineria</i> Less                                              | Asteraceae      | Herb    | Sahadevi       | Purple Fleabane         | Medicinal      | Root & leaves               |  | Ferver, mental stress,                                                                                                                                                                                                        |
| 1<br>3<br>7      | <i>Veroniaamagdelina</i> L.                                             | Asteraceae      | Herb    | Bitter leaf    | Bitter leaf             | Medicinal      | Leaves                      |  | Diabetes, skinn disorders                                                                                                                                                                                                     |
| 1<br>3<br>8      | <i>Vitex negundo</i> L.                                                 | Verbenaceae     | Tree    | Nirgundi       | Five leaved chaste tree | Medicinal      | Leaves & bark               |  | Joint pain,Arthritis,inflammation, cough & Asthma.                                                                                                                                                                            |
| 1<br>3<br>9      | <i>Withaniasomnifera</i> (L.) Dunal                                     | Solanaceae      | Shrub   | Ashwagandha    | Wintercherry            | Medicinal      | Leaves & Root bark          |  | Arthritis, diabetes, general debility, sexual debility, spermatorrhoea, rheumatism, leucorrhoea &leucoderma.                                                                                                                  |
| 1<br>4<br>0      | <i>Ziziphus jujuba</i> Mill.                                            | Rhamnaceae      | Tree    | Badar          | Indian Jujube           | Food medicinal | & Fruit & bark              |  | Epistaxis, cough, diarrhoea, dysentery, piles, leucorrhoea, rheumatoid arthritis &small pox.                                                                                                                                  |

## Pictures of Most valuable Ethno-medicinal plants of Bijnor region.



**Plate no.1**



1. Sarpunkha  
*Tephrosia purpurea*



2. Ashok  
*Saracaasoca*



3. Vasa  
*Adhatodavasica*



4. Kapikachhu  
*Mucuna pruriens*



5. Langali  
*Gloriosa superba*



6. Prishnparni  
*Ureria picta*



7. Chitrak  
*Plumbago Zeylanica*



8. Aamlaki  
*Emblica officinalis*



9. Kokilaksha  
*Astercantha longifolia*

**Plate no.2**





10. Kantakari  
*Solanum surattense*



11. Vacha  
*Acorus Calamus*



12. Trivrut  
*Operculinaturpethum*



13. Kampillak  
*Mallotus philippinensis*



14. shyonak  
*Oroxylum indicum*



15. Parijaat  
*Nyctanthesarbortristis*



16. Shigru  
*Moringa oleifera*



17. Bhrungaraj  
*Eclipta alba*



18. Avartani  
*Helicteresisora*

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