RESEARCH ARTICLE

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# Experimental therapeutic challenge of two bacteriophages isolates against E. coli serogroup causing diahrea

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#### **ABSTRACT**

The study aimed to determine the efficacy of selected bacteriophages in the treatment of experimental diarrhea in a group of laboratory animals infected with Escherichia coli used as challenge bacteria. Bacteriophage was administered orally, up to three times, 24 hours after administration of challenge bacteria, and following diarrhea. Weight change, diarrhea duration, diarrhea severity, diarrhea degree score, and the rate of challenged E. coli bacteria shedding over the course of six days were the parameters utilized to determine if changes had occurred. The bacteriophages that were tested for treatment were successful in making a qualitative change in these parameters. These bacteriophages produced specific changes in all parameters without affecting the normal flora shed in the feces. These results indicate that the selected bacteriophages had an effective effect in treating experimental diarrhea in laboratory animals after giving a challenge bacterium orally.

Keywords: phage therapy, E. coli, experimental trails, Guinea pigs

## 1.INTRODUCTION

The rise of antibiotics resistant bacteria has become a factor that has a qualitative impact on human and animal health. Concern has been raised about this issue recently and especially with multidrug-resistant bacteria among the pathogenic microorganisms. However, there is a lot of pressure to limit and reduce the use of antibiotics in animal production. Similarly, drug-resistant E. coli has been on the rise in recent years (1, 2, 3). In addition, the concern that bacteria that consistently select for resistance and are compatible with the use of antibiotics as animal treatments might be harmful to human health by transferring drug-resistant genes to other pathogenic bacteria.

Therefore, there is an urgent need to find and obtain a practical and safe alternative to the use of antibiotics in the technology of the animal production industry, and it can be used as prevention and treatment. Bacteriophages are viruses that have the excellent ability to kill pathogenic bacteria, and they are considered as a distinctive alternative because they have the characteristic of non-toxicity and they multiply when injected into the host bacteria and their number increases because they can destroy the bacterial population (4, 5, 6, 7, 8). In 1915 (8) and 1917 (9), respectively, Twort and D'Herelle separately discovered a phage, a virus consisting of a protein closure covering a nucleic acid that could be either DNA or RNA.

They are either virulent or temperate and differ in quality-of-life cycle. Only virulent bacteriophages are used for bacteriophage therapy. (6, 10).

There are several studies describing how bacteriophages may eliminate bacteria that infect or injure people and other animals, and their ability to treat pathogens that are resistant to antibiotics has been proven (11, 12, 13, 14, 15). D'Herelle was the first scientist to use bacteriophages as a treatment since the beginning of the year 1926 and before the period of antibiotics. He used them to treat the causes of avian typhosis in birds and in the laboratory to treat dysentery causes in rabbits (16). After that, the bacteriophages were successfully used to treat human plague, cholera, and wound infections. As well, several researchers used bacteriophages for treatment and prevention (3, 6, 12, 14, 15, 17).

There had been a reduction or change in the use of bacteriophages in treatment, after the discovery of antibiotics, although they were widely used for treatment in some countries (4). Then, bacteriophage therapy was re-discovered after the bacteria formed severe resistance against antibiotics and as an alternative strategy to antibiotics in the treatment of resistant bacteria. The researcher Smith and his group in the year 1980 conducted important and encouraging research using bacteriophage therapy. These researchers have experimented with the effect of bacteriophages and their control on E. coli, which causes septicemia. They note that a mixture of two or just one bacteriophage was able to control the E. coli causing infection in the animals used in the experiments (18, 19). After that, successful studies have been done using bacteriophages as a treatment for infections in humans and animals (12, 20, 21, 22, 23). The aim of this study was to investigate the susceptibility of bacteriophage isolates in the treatment of E. coli induced diarrheal infections in guinea pigs.

#### 2. MATERIALS AND METHODS

# 2.1. Media and bacterial strain

Different culture media were used to grow and search for bacteria and to obtain bacteriophages.

This media has been prepared as directed by the manufacturer. Luria-Bertani (LB broth, agar, agarose, and top agarose) was purchased from (Oxoid, UK) and prepared as reported before (24). As well as MacConkey's agar, blood agar and Brain Heart Infusion broth. Phosphate buffer solution (PBS) was also used.

A strain of E. coli, previously isolated in local laboratories and a cause of diarrhea (25), was used as the bacterium for laboratory challenge experiments on guinea pigs. This strain was purified, microbiologically determined, and then frozen at -70 °C in a freezing solution (26, 27, 28).

#### 2.2. Bacteriophages

A mixture of two bacteriophages (EC-BSR1 and EC-BSR2, Figure 1), previously isolated by (25) was used to assess their susceptibility in the treatment of experimental diarrhea in guinea pigs subjected to laboratory infection with E. coli.

## 2.3. Titration of phages in feces

Feces were collected from each experimental animal and kept in tubes and placed on ice. Then 9 ml of sterile phosphate-buffered saline (PBS), pH 7.1 and 0.2 ml of chloroform were added to 1 gram of feces. The mixture was titrated according to the procedure mentioned in (12). Plagues observable at the highest dilution for the feces was considered to determine the titration.

## 2.4. Experimental Animals

A total of 36 guinea pigs were used to conduct an experimental trial to find out the susceptibility of a mixture of two bacteriophages (EC-BSR1 and EC-BSR2) in the treatment of E. coli infection, which causes diarrhea, given to these laboratory animals after induction of the disease. Guinea pigs used for the trials were transported from their purchase site and isolated in the Laboratory Animal Isolation Unit, Basrah University, and left for two days to adapt to the place. An ethical approval was obtained from the Board of the Iraqi Health and Higher Education Committee. Before the challenge, feces were collected from experimental animals, then the samples were

diluted ten-fold to 10-8 and cultured on culture media such as blood agars and McConkey's agar to see if they were infected with the bacteria used for the challenge for the purpose of excluding the infected one. Feces samples were examined to ensure the presence of bacteriophages that may cause decomposition of challenge bacteria, using the spot test (24). All experimental animals were re-examined for the purpose of verification.

#### 3. Experimental clinical trials

Twenty guinea pigs were used for the first experiment and were divided into two groups of ten animals. The first group is for control and the second is for examining the mixture of bacteriophages (EC-BSR1 and EC-BSR2) (Trial 1). Each guinea pig was administered with 1010 colony-forming units of the challenge bacteria E. coli. The severity of the diarrhea was assessed 24 hours after the challenge by recording the score system consisting of zero, one, two, and three" (Briefly, Similar to what Jensen et al. (29) described, a scoring system was used to determine how severe the diarrhea was. When the feces were solid and normally formed, a score of 0 was given; when they were soft but could maintain some shape, a s'core of 1; when they were brown and liquid, a score of 2; and when they often passed watery feces, a score of 3 was provided). Fecal samples were taken to determine the extent and quantity of challenged bacteria and the total level of E. coli presence in the feces after challenge. The concentration of E. coli challenge bacteria was determined by making decimal dilutions feces and culturing the bacteria on blood agars and McConkey agars. After that, the guinea pigs randomly separated into two groups, one of the groups was given a treatment with bacteriophage and the other was left without treatment. Guinea pigs in the treatment group were given a mixture of bacteriophages (EC-BSR1 and EC-BSR2) at three times at a dose of 108 pfu for each bacteriophage.

Every day, for a period of five days, guinea pigs were monitored for clinical signs and diarrhea were also observed. Fecal samples were taken every day to examine them for the presence of challenge bacteria and the number of phages and bacteria shed with the feces after a decimal dilution of the feces and cultured on blood agars and MacConkey agar. Recovery of challenge E. coli and the criteria used to evaluate the efficacy of phage treatment were adopted from the previous publication by Jamalludeen et al., (12). However, the experiment was repeated using 16 new guinea pigs that were divided into a group of 8 as a control group and a group of treatment with mixture of two phages (EC-BSR1 and EC-BSR2) (Trial 2).

#### 4. Statistical analysis

ANOVA test is the statistical test that was used to analyze the results of the two trials in this research and to compare the results of the association between guinea pigs that took bacteriophages from the group of guinea pigs that did not take treatment and the result was considered significant with a statistical standard of less or equal to 0.05.

#### 5. RESULTS

All 20 guinea pigs in the first experiment developed diarrhea after being given the E. coli bacteria used in the challenge for this experiment, and 24 hours after the start of the experiment, they were divided into two groups, with 10 guinea pigs in each group, and the same thing happened in the second experiment, after giving challenge bacteria. Figures 2 & 4 show that treatment with the mixture of phages was effective in improvement of mean weight change, mean diarrhea duration, mean diarrhea severity (total daily diarrhea score/number of days of diarrhea), mean degree of diarrhea score (the average score times duration of diarrhea), and mean shedding of the challenge E. coli as compared with the control untreated Guinea pigs for the 5 days following day 1.

Figures 3 & 5 For the guinea pigs that were treated with the mixture of phages (EC-BSR1 and EC-BSR2), the mean total E. coli that were shed increased on days 1, 2 after challenge then returned to the day 0 level. The mean titre of all E. coli shed in the feces for the guinea pigs in the control group was consistently greater than the titre on day 0 throughout the whole six days following the challenge.

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## 6. DISCUSSION

The aim of this study was to determine if there was any effect after administration of a mixture of two phages (EC-BSR1 and EC-BSR2) as a treatment protocol to guinea pigs that developed diarrhea due to administration of E. coli bacterium, that causes diarrhea. These two phages were chosen for this assay due to their high efficiency in destroying E. coli bacteria in vitro, which was known from a previous study (25).

The apparent results from the first and second experiments showed a significant difference between the incidence of diarrhea and the rate of weight gain between the group of guinea pigs treated with phages compared to the group of guinea pigs prepared for control. It is also evident that there was a clear difference in the shedding rate of E. coli used in the challenge between the group of laboratory animals treated with the phage and the group of animals used as control. These findings using phages selected for the treatment of E. coli diarrhea were identical and similar to those previously conducted by Smith and Huggins (19) researchers who examined the effect of phages on diarrhea in calves, lambs and newborn piglets. These researchers found that a mixture of bacteriophages cured newborn lambs, calves, and pigs from the diarrhea they experienced in their experiment due to Enterotoxigenic E. coli (ETEC) infection. The authors also found that numbers of E. coli shed used in the challenge were more in the control group than in the group of animals treated with the phage, where the number of shedding bacteria was clearly significant (19).

The dose of phages given in the trials is an important factor in the outcome of the experiment in terms of time, quantity, and number of times of administration. The phages in this study were given to treat immediately after the onset of diarrhea as a result of challenged E. coli bacteria and for the bacteriophages to come into contact with the E. coli bacteria, which may be present in the intestine or on the intestinal wall at the early stage of giving of experimental guinea pigs. However, the chance of contact with treated bacteriophages may be limited after diarrhea has occurred, since the majority of ingested E-coli may associate with the intestinal wall and

intestinal epithelial lining (30, 31, 32) and the Components of the small intestine tube may help flush out the treated bacteriophages. Therefore, it was preferable to give doses of treated phages in the form of three times, separating them from 6 hours between one dose and another, up to 18 consecutive hours. The effect of administering different doses of phage to calves at different times was studied by Smith et al. (33). The researchers found that a dose as low as 105 pfu of phage given to the calves 6 hours before challenge protected them against development of ETEC diarrhea but a dose of 102 pfu of phage given to them 12 or 18 hours after challenge was ineffective.

The total number of E. coli shed with feces was monitored in all guinea pigs used in these two experiments, and studied for the effect of using a mixture of phages (EC-BSR1 and EC-BSR2) on E. coli flora present in the intestines of these animals used in the two experiments. From examining the data available in the results, Figures 3 and 5, it was observed that, on day 0 and before the administration of challenge bacteria, the numbers of E. coli in the feces were similar in all guinea pigs used in treatment or used in control. It was also observed that the numbers of E-coli in the feces increased in both groups of laboratory animals after the first day of the challenge. This increase in numbers has been attributed to an increase in bacteria given for the purpose of challenge. It was observed that this increase, Figures 3 and 5, remained elevated in the group of guinea pigs used as a control in these two experiments under study and for six days after the pre-challenge (zero day), possibly due to the presence of the challenge E. coli bacteria in this untreated group. On the contrary, in the group of guinea pigs treated with the mixture of phages, the total number of E. coli bacteria began to decrease after the second day of challenge, reaching a number similar to what it was on the previous day 0 of the challenge. This information indicates that treatment with this mixture of phages did not harm fecal numbers of E coli flora. It is worth noting that Chibani-Chennoufi et al. (31) note that the numbers of normal commensal E. coli bacteria in the mice gut used in their experiment did not decrease after exposing them to a mixture of orally administered phages. They concluded that E. coli bacteria in the gut are resistant or protected from damage. At the same direction, Bruttin and Brussow., (34) found in an experiment on a group of humans who were given experimental bacteriophages orally that the population of commensal E. coli was not affected by exposure to bacteriophages T4. The specific efficacy of bacteriophages is considered one of the limitations of using bacteriophages for treatment, as it determines the broad effect of treating other pathogens. However, this defect is not considered important as long as it eliminates pathogenic bacteria without affecting the harmless flora (4, 35).

In conclusion, the results described in this study indicate a clear significant change in the treatment of experimentally caused diarrhea in guinea pigs as a result of ingestion of diarrhea-causing E. coli with a mixture of two phages (EC-BSR1) and (EC-BSR2). These two phages showed a statistically significant change in reducing the number of E. coli bacteria used in the challenge in this study without affecting the number of E. coli flora. Further extensive study on these two phages may demonstrate their broad therapeutic potential.

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## **CONFLICTS OF INTEREST**

There are no conflicts of interest

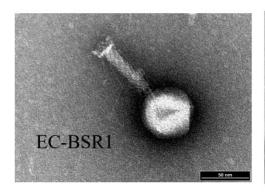
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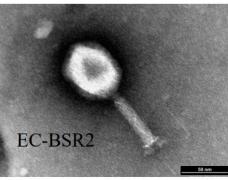
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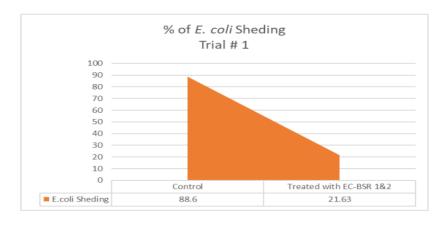


**FIG. 1:** Electron microscope appearance of phages EC-BSR1 and EC-BSR2. The phages have a neck and a contractile tail and icosahedral head. Bar = 50 nm (25).



**FIG. 2:** The effects of a combination of phages (EC-BSR1 and EC-BSR2) on weight change and diarrhea, when the phages were administered after experimental diarrhea due to E. coli strain had developed (Trial 1).

Statistical analysis (ANOVA) showed significant differences in weight change, duration of diarrhea, diarrhea score, degree of diarrhea score for the pigs that were treated with phages (EC-BSR1 and EC-BSR2) compared with the control group.



**FIG. 3:** The effects of a combination of phages (EC-BSR1 and EC-BSR2) on shedding of the challenge E. coli, when the phages were administered after experimental diarrhea due to E. coli strain had developed (Trial 1).

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**FIGURE 4:** The effects of a combination of phages (EC-BSR1 and EC-BSR2) on weight change and diarrhea, when the phages were administered after experimental diarrhea due to E. coli strain had developed (Trial 2).

Statistical analysis (ANOVA) showed significant differences in weight change, duration of diarrhea, diarrhea score, degree of diarrhea score for the Guinea pigs that were treated with phages (EC-BSR1 and EC-BSR2) compared with the control group.



**FIG. 5:** The effects of a combination of phages (EC-BSR1 and EC-BSR2) on shedding of the challenge E. coli, when the phages were administered after experimental diarrhea due to E. coli strain had developed (Trial 2).